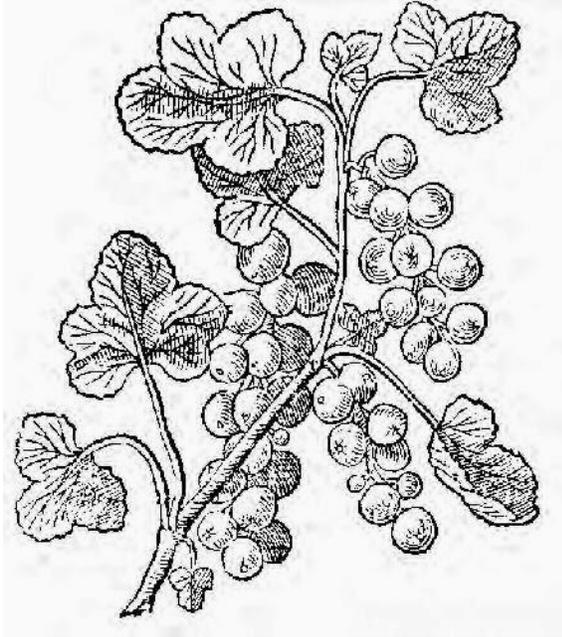


The Aerie



<http://www.godecookery.com/clipart/clart.htm>

MAY A.S. LIII (2018)

Cum An Iolair Calendar

(Events in bold are local)

May 2018

- 4 Shire Meeting: St. Thomas the Apostle 12251 Antioch Rd.-7pm
- 5 Spring War College—Amlethsmor (Hallsville, MO)
- 11 Cook's Guild 7:30 at Marguerite's 7216 Cottonwood Shawnee, KS
- 12 St. George & the Dragon—Oakheart (Springfield, MO)
- 18 Shire Meeting: St. Thomas the Apostle 12251 Antioch Rd.-7 pm
- 19 Spring Arrows: Splitting Hares—Deodar (Osborne, IA)
- Unslung Heroes—Aston Tor (E. Jackson County, MO)**
- 26 Valor—Vatavia (Wichita, KS)

June 2018

- 1 Shire Meeting: St. Thomas the Apostle 12251 Antioch Rd.-7pm
- 9-17 Lilies War—Calontir (Smithville Lake, MO)
- 23 Swords for St. Jude—Theobald College (Arkansas City, KS)
- 30 Merchants in Venice—Axed Root (Ames, IA)

July 2018

- 6 Shire Meeting: St. Thomas the Apostle 12251 Antioch Rd.-7pm
- 7 Regional War Practice—Flinthyll (Burlington, IA)
- 13 Cook's Guild 7:30 at Marguerite's 7216 Cottonwood

Shawnee, KS

14 Summer Coronation—Lonely Tower (Omaha, NE)

20 Shire Meeting: St. Thomas the Apostle 12251 Antioch Rd.-7 pm

21 CalonCon

28 **Feast of Eagles**—Cum an Iolair (S. Johnson County, KS)
Summer Slaughter—Coeur d'Ennui (Des Moines, IA)

Shire Birthday List

May

8 Kitsume

June

13 Briana Etain MacKorkhill

July

23 Marguerite des Baux

Note from Chronicler

We need articles, book reviews and event reports for *The Aerie*. Please submit those by the 25th of each month to chronicler@shireofcai.org. It would be especially helpful if people wrote event reviews. It is so simple to write them since you go to events already. Would people like to get together for 4th of July? Let's talk about this at the meetings in May and June.

Letter from the Cook's Guild

by HL Fiona nic Gormliatha

(Used with permission)

Cook's Guild meets the second Friday of every month at Her Excellency Marguerite's (7216 Cottonwood, Shawnee, KS) give her a call at (913) 268-0416 for directions.

The theme for this cooks' was simple, food on the cheap, a test run for the Inn at Valor; so we had a radish & cucumber Salad—just thinly slice 1 bag radishes & 1 cucumber, dress with 1-2 tsp. Dried dill, ½ tsp salt, 2 Tbs. Lemon juice & serve. This is a nice spring salad, very bright & easy to make.

Lentil pottage: Cook 1 sliced onion & 2 C. lentils in 3-4 C. vegetable stock until tender, season with salt, pepper & cumin & serve. A filling soup, great with bread.

Veggie Pottage: Peel & cube 2 med. Turnips, peel & coin 3 parsnips, 5 carrots, & halve 3 C. Brussels Sprouts & stew in veggie stock, season with garlic & cinnamon, salt & pepper, cook until veggies are tender, then add 8 oz. Sliced mushrooms & stew until tender as well, thicken with almond milk if desired, but we did not do this & still liked this pottage—vegan!

We made medieval Mac & cheese: boil egg noodles, right after draining, mix with a crumbled mix of goat cheese & soft farmer's cheese. 1 tsp. Rosemary & basil, salt & pepper maybe warm in oven a bit & serve it forth.

We also had chicken two ways, stewed with onions & garlic & baked after brining in water with galengal (a sort of pepper), sage & salt. We served them with garlic pepper sauce: 1 C red wine vinegar, 1 Tbs. Each ginger, pepper, & garlic thicken with 1 C. breadcrumbs (or make a lot less). We also made camelina sauce.

Elizabeth I

Born September 7, 1533-Died March 24, 1603

Reign: November 17, 1558-March 24, 1603

Part III: Foreign Policy—or Piracy?

by HL Fiona nic Gormliatha

(Used with permission)

English politics was a complex game with the rival interests of France & Spain, with sanctioned English privateers led by Sir Francis Drake plundering Spanish gold & ports alternating with apologies & peace talks. But by the mid 1580's war was inevitable, Philip of Spain (Elizabeth's old suitor) spent years building up his invincible Armada, while Elizabeth spent her money on a fleet of quick, well-armed ships that managed to defeat the Spanish July 12, 1588. The terrible storms that followed smashed the remains of the Armada against English & Irish shores, killing survivors. On that day at Tilbury, Elizabeth, resplendent in a white gown & silver breastplate declared that she was unafraid of her armed men, nor was she worried by the Spanish, she declared: "I know I have the body of a weak & feeble woman, but I have the heart & the stomach of a king and a king of England too!" This stirring speech & the defeat of the Spanish made Elizabeth something of a deity, with poets & artists comparing her to Diana or titling her "Gloriana", the Virgin Queen (not unlike the Virgin Mary), and for a woman who loved elaborate clothing & jewels, life was good. The arts flourished under her reign, with playwrights like Marlowe & Shakespeare & poets like Spencer (sonnets) & Willaim Camden & his "Annals of Britain". There was also Sir Francis Drake's circumnavigation of the Globe & the founding of the East India Company in 1599.

But it was not to last, late in her reign there were bad harvests, leading to inflation & unemployment causing hardship. And then there was the Irish problem, Hugh O'Neil, the Earl of Tyrone had declared for Irish independence & when Elizabeth sent her last favorite Robert Devereux, the Earl of Essex to put down the rebellion, he failed to even find Tyrone! Then when he returned to England against Elizabeth's orders, he ended up insulting her when he tried to explain! Stripped of his wealth & under house arrest, he heard a rumor that the chosen heir for England upon the ailing Elizabeth's death was to be the Spanish Infanta Clara Eugenia, not Mary Stuart's son, James IV! Panicked, Devereux gathered up a small force of 200 men & rushed to London in an attempt to rescue the Queen. But this was considered insurrection & he lost his head February 1, 1601. This tragedy depressed Elizabeth, she made her progress around the country to show herself to her people, made speeches, but as Sir Walter Raleigh called her a "Lady surprised by time". Astute advisers like Sir Robert Cecil, son of her old friend William Cecil, Lord Burghley, started secret correspondence with James IV of Scotland (Mary's son). Elizabeth dragged on in ill health for the next two years, supposedly indicating on her deathbed, March 24, 1603; that James should succeed her. She was buried alongside her half-sister, Queen Mary. James did come to the throne, but after 45 years of rule people were to long for the times of "Good Queen Bess". The time of the Tudors had come to an end, as did medieval times.

Bibliography:

Britannica Online, "Elizabeth I"

Report on Spring Rush 3/31/18

by HL Fiona nic Gormliatha

(used with permission)

Arrived the Shire of Moonstone (Emporia, KS) on a windy, chilly day—Hadn't been to Emporia since the mid-80's when I was taking post-grad work on Library Science at Emporia State. It had been the biggest town I had lived in at the time! It was good to see the town again & how it had changed.

And did I mention that I was one of the founding members of Moonstone? My first SCA event was Calontir's first Crown Tourney, with my then boyfriend, Don, who became Nodon D'Noir, but we had to drive to Bois d'Arc (Pittsburgh, KS) or Vatavia (Wichita, KS) to attend events, let alone meetings. So we decided to form a shire of our own.

The Shire's RUSH was held at Emporia State's campus affiliated Church, with the Fellowship hall for the commons & a really nice Inn were we were served a good hot lentil pottage for lunch as part of our entry fee). John Boyer's class on "Basic box Construction" was going on in a tent out back when I arrived at 9:30. I trolled in (I know, supposed to be "gated" but I'm old school!), and as I token got a bag with Moonflower seeds as a site token, which I plan on planting as soon as the ground is frost free.

Had time to attend Ysabel de la Oya's class on "The Four Humors & the Medieval Plate", which she taught so well I found it hard to believe that it was her first time lecturing it! Then off to the commons room where Baroness Marguerite, Bronwyn & her guy Michael unloaded the loom, cloth samples & notebooks for Marguerite's class on "Medieval Weave Structure". And then it was lunch & found some free stuff on a table & managed to restrain myself to one book & 4 rolls of yarn.

Then it was time for my Celtic Myth class from 1-3 in classroom 6 & then Norse Myth 3-5 in classroom 9, both with really good students who managed to stay awake (after lunch!) for the class, a few went to both! Then all too soon, it was time to pack up & find a place to eat some supper. Most of Cum An Iolair's folk ended up at a Vietnamese restaurant that had just the cook & maybe two other people to serve their really good food to a whole lot of scadians! Made my goodbyes the drive home, feeling that a lot had been accomplished.

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Kingdom A&S 4-21-18

By HL Fiona nic Gormliatha

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So went to Lost Moor (St. Joseph, MO) for the Kingdom A&S, it was held at a church right off of the highway, so easy to find. I love going to Kingdom A&S to see what everyone has been up to. Waited too long to fill out the judge's form too, so no judging, ended up hanging with Aine & the rest of the fiber arts gals & did some dishes in the kitchen (just can't seem to help myself!) after the not very period but yummy inn meal of chili & cornbread (I see that donations seem to be the going thing for inns now, did we start that?). It was nice to have a site where we could have wine/fermented stuff tasting too, & not have to have it offsite.

Was pleased to see Adelaide, Tessa (& her felted embroidered slippers), Ysabel with her meat pasties. I was very impressed with the wonderful traveling shrine with the artificial flowers & grapes (as I am sure so was everyone else) and impressed with the young man (with the bright red hair!) who had hand sewn a Viking girl's outfit for a friend as one of the children's entries and I was impressed with the poetry/song entries, I liked the one about the mermaid. And it was good to see Kim & learn how her stained glasswork is going (fulfilled her YAFA requirements in that area). I am afraid that I was too weary to stay for the court & elevation so I left early (gloomy days make me so sleepy anymore!). Somebody could write a better report of this event, I dare you! We need more articles! From other people!

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